

Melbourne Sailing School

Health Declaration Form

Details of any medical treatment being received (if none write none)

I declare that to the best of my knowledge, I am not suffering from epilepsy, disability, giddy spells, asthma, diabetes, angina, or other heart condition, and I am fit to participate in the course.

Full name:
(printed).....

Signature
Date

This information is required before taking part in a practical sailing course, we stress that illnesses or medical conditions need not necessarily prevent you from taking part in the course, but the principal or instructor must be aware of any potential problem. If a student is in any doubt about their fitness to take part in a practical course, their GP should be able to advise.

Hand to your skipper at the start of your training course